

INDOOR CYCLING INSTRUCTOR TRAINING SERIES

# Tour of Boston!



*Race or Ride  
Around Beantown*



INDOOR CYCLING INSTRUCTOR TRAINING SERIES


# Tour of Boston!

*Race (ride...) through Back Bay and the Financial District!*



*40 Minutes of NON-STOP Action!*

*Welcome Back – The Bands from Boston!*  
*How many do you know? Remember?*

*Are You READY?!?!?!?*



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40 Minutes / 4 Laps / 10 Minutes - Lap

**Elevation Profile**

Miles

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**ICI/PRO**  
INDOOR CYCLING LLC

**Stage5**  
CYCLING

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The Bands...

- Morphine
- The Lemonheads
- Dropkick Murphys
- The Might Mighty Bosstones
- The Del Fuegos
- The J. Geils Band
- Dream Theater
- Boston
- Aerosmith
- Pixies
- Cars
- Guster

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Thank You  
Boston!

## Good-Night!

**Tom Scotto**  
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 **ICI/PRO**  
INDOOR CYCLING ELITE

**Stage5**  
CYCLING